

March 2007

NCWSA Racer

COME TO THE MEETING TOMORROW, TUESDAY, MARCH 6, 2007 AT 7:30. WE HOPE TO SEE YOU!

Commodore's corner

Many many thanks to those members who braved the snowstorm and arctic temperatures to come to our February Meeting! Your enthusiasm is to be commended!

Dave Zarzour spoke at our Feb Meeting sharing the incentive packages that are available for Active Membership at Edgewater. These incentives are available until March 31st. So if you are considering joining Edgewater please contact Dave via the club 216-281-6470 right away to take advantage of the huge discounts! Dave will be back again later in the Spring with information on Social Membership at Edgewater.

We have rescheduled Denise Messerman for our March 6th meeting. Denise will be here to help us Get Fit for Sailing. Denise will run us through some stretching techniques and a strength building routine to build upper body strength for trimming, grinding, hoisting, jibing...you name it...we need that upper body strength for nearly everything we do on a boat! Denise will also be scheduling a six week Saturday morning class so we can really make a difference in getting fit for sailing. Sign ups will be at the March 6th Meeting... DONT miss out!

ALSO at our March 6th Meeting....Doug Moose from Sailing Inc. will be here to talk with us about Getting the Boat Ready for Sailing. There is much work to be done to get a boat ready to race in the summers. As those warmer days start coming our way, we'll want to contact our Boat Owners and offer to help with the Spring prep work that must be done. Doug will help us to understand what needs to be done, things that need to be checked out for possible replacement and how to do all the polishing and primping that makes our boats look great and go fast!

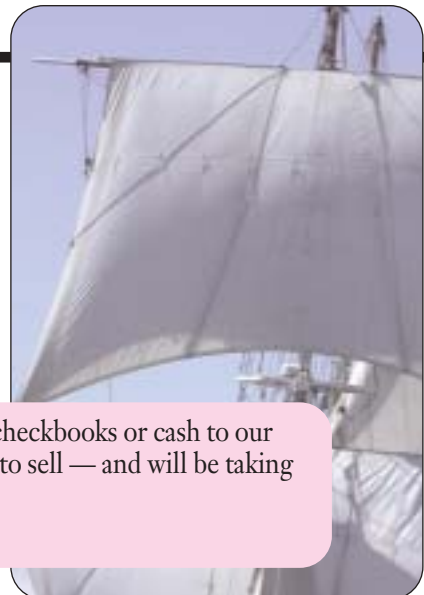
And finally, I would like to welcome Marilyn Yonek as our new Education Chair, Karen Lunka as our new Member at Large and Pat Mahoney who will be helping Karen out. Thanks so much for stepping up to fill in our empty Board positions!!!!

See you all at the March 6th Meeting at 7:30 pm!

—*Connie Aguero*

Announcement from the vice-commodore: Bring your gold, maties! Yarrrr....

Beth Pagani would like to remind everyone to bring their checkbooks or cash to our meeting. Why? She will have a small quantity of merchandise to sell — and will be taking orders for the next meeting. Thanks from Beth!



Consider a crew move!

Some thoughts on challenging yourself—

Start thinking about your crews. Consider taking the helm this year. Consider making the move from one fleet to another. Sometimes racing on a different boat (smaller or bigger) can change the whole experience. We know you like that group of ladies you've been sailing with for several years but stretch your goals to take on a new position, a new boat or at least a new tee shirt this summer. The possibilities for learning and fun are endless.



It's also important to think about helping your boat owner prepare their boat for the season this spring. Touch base with your boat owner and skipper and offer a lending hand. A sailor very rarely turns down help for boat preparation and your willingness to volunteer makes you a better, more involved crew member.

Share your announcements



Ahoy! Fleet Captains, Skippers, boat owners, crew members!! (I think that covers all of us!!!)

We're starting a new recognition series —Sailor of the Month — and we need your help.

Nominees can be someone who has shown incredible enthusiasm, or someone who has simply shown up for every race.

Or — do you know someone who has traveled to a regatta over the winter? Let us know so we can recognize them in the newsletter each month.

—*Bobbi Sundman*

E-mail your announcements and comments to ncwsaracer@yahoo.com, attention Bobbi Sundman!

Men welcome to participate

Boyfriend or husband sad that you're racing nearly every Tuesday evening? Want to make him feel a part of it all? Recruit him to be a part of NCWSA's all volunteer race committee. Volunteer duties require the volunteer to arrive between 5:45 and 6:00 p.m. and serve on one of the race committee boats. Thanks to all those individuals who helped out last year. Find out more at the Meet the Fleet meeting or e-mail Mary Dodge at mdodge@parker.com.



The 2007 schedule

The EWYC Trustees have approved our race dates! Here they are:

June 5 ••••• Practice
June 12 ••••• Race 1
June 19 ••••• Race 2
June 26 ••••• **Women's race***
July 10 ••••• Race 3
July 24 ••••• Race 4
August 7 ••••• Race 5
August 21 ••••• Race 6
August 28 ••••• Race 7
September 4 • Make up

Saturday in September, to be determined:
NCWSA Regatta

*This race is not a counter for NCWSA but we encourage all members to participate. It is the women's race sponsored by the Cleveland Sailing Association, as part of *Cleveland Race Week*. Skippers are responsible for signing up their boat, paying the separate race fee, and recruiting crew. NCWSA (a sponsor of the party) is responsible for recruiting race committee for the event—and encourages its members to race on that night.



Sassy women in action

Sally Barkow, along with Debbie Capozzi and Carrie Howe, are an awesome group of sailors that NCWSA helps support. On January 27th, this crew--Team Seven Sailing--won the gold medal in the Yngling Class at the US Sailing Rolex Olympic Class Regatta in Miami, Florida. Go Girls!!! Check out their website for details and photos: www.team7sailing.com.

Save the Date!

We will host our traditional meet the fleet meeting on April 3. Find out what fleets will be a part of our program this year and meet the skippers. Look for more details in the April newsletter!

Also: Start thinking about the Summer Racing Series!! This year Mary Dodge and Kelly Kimble are race series co-chairs. We are hoping to have another great racing season with several fleets. Jim Titgemeyer has agreed to be the Principal Race Officer (PRO) and we have a list of tentative dates.



Chair our Regatta in September!

Like to plan events? Consider being the chair of the NCWSA Regatta held in September. We are looking for one (possibly two) people to lead up this event. NCWSA picks the date in coordination with EYC and you plan the racing and the entertainment—and of course field all the phone calls. It's not as hard as sounds, so if you're interested contact Kelly Kimble at the general NCWSA email.

Get to Motown for some sailing trailing: Announcement

Believe it or not, sailing season is only a mere 6 weeks out!!! In preparation to get out there (as you may have heard) at Bayview Yacht Club a group has put together a full series of events — to give everyone a chance to get more training/coaching before getting out there and racing in the myriad of women's events In Detroit this year! Don't worry if you're a beginner or even a seasoned racer —there'll be something for you!

Rules and Tactics Seminars, \$5 pp
March 1st, 7-9PM, Bayview Yacht Club
March 8th, 7-9PM, Bayview Yacht Club

Hands-on Boat Handling Clinics, \$40 pp per session or \$150 pp in advance for all 4 sessions

***Boat selection will vary from week to week to gain additional exposure on various types of boats!

May 15th, 6-9PM, Bayview Yacht Club
May 22nd, 6-9PM, Bayview Yacht Club
June TBD, 6-9PM, Bayview Yacht Club
July TBD, 6-9PM, Bayview Yacht Club

Please check www.byc.com (click on Events) after 2/26 for more information!

Looking forward to a fantastic 2007 sailing season!!!

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