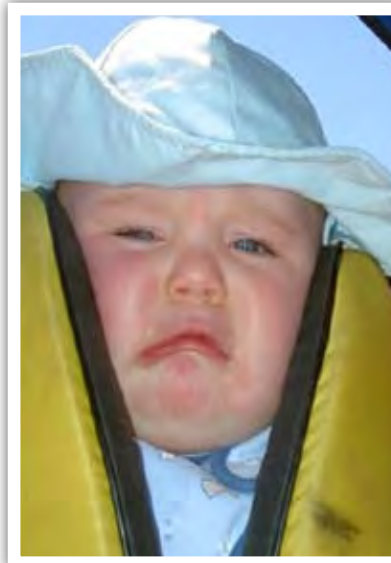




Commodore's Corner

The summer racing season for NCWSA started out dead calm! As commodore, I felt the responsibility to do something—anything—to stir up the wind gods. Several people graciously gave me things to sacrifice to Mother Nature; someone even gave me her husband. I, of course, gave him back. Others taught me new wind dances that I have done at the end of A- and B-docks without any luck!! I stopped after hearing that the Coast Guard was called about someone having a seizure!!



Where is the wind?? At least give me a reason to wear this ugly shade of yellow!

August has brought us wind, and some of our members are experiencing what a race is supposed to be for the very first time!! (I heard someone ask, "why is it called sailing when it's really just drifting?") At the very least, we have spent some beautiful evenings in summer on the lake!! I have even learned new songs and fun games!!

Don't forget that September 6 brings the NCWSA Regatta. Sherrie Desmond has graciously agreed to chair the regatta with the board at her disposal. She is planning for a very exciting event, so please mark your calendars. September is one of the best months for sailing, usually filled with lots and lots of wind!

I'll see you all on the water, hopefully racing. I am going to try offering up pasta to see if that will help appease Mother Nature to give us some wind!! My mom always says that things can always be repaired with pasta!!

- Beth Paganini, NCWSA Commodore

Teamwork!

It's never too early (or late!) to think about racing strategies, but it is ALWAYS helpful to be thinking about ways your team can work together to get better results. Sail trim, tactics, strategy, technique, responsibilities, and really great coordinated clothing (just kidding!!) (maybe not!!).

As your teams begin to gel, do not forget some really special awards, such as Rookie of the Year, Most Improved Sailor, Coach of the Year, and the coveted TEAM Excellence Award!! At the end of the season, we will be asking for nominations for who (and why) you think should get these awards...

(Details on pg 5)

NCWSA Meetings

7:30 First Tuesday of the Month

**NO MEETINGS
UNTIL OCTOBER!**

2008 Race Dates

June 3 – Practice Race

June 17 – Race #1

June 24 – Cleveland Race
Week Women's Regatta (not
NCWSA racing series counter):

July 1 – Race #2

July 15 – Race #3

July 29 – Race #4

August 5 – Make-up

August 12 – Race #5

August 26 – Race #6

September 6 – Regatta

Save the Date!

**SEPTEMBER 6 - NCWSA
WOMEN'S REGATTA!**



A Message From Dean Brenner, Head of the US Olympic Sailing Committee



LOOK!

NBC has decided to cover 20 sports **on the web only**, and will be watching hits to see if it is popular enough to cover more sailing on NBC in the future.

HERE ARE THE BEST WAYS to follow along during the Games:

<http://www.ussailing.org/olympics/blog/dean/index.asp>

Our PR officer will be managing our own site with features and information specific to our team: <http://olympics.ussailing.org/Olympics.htm>

I'll have a daily blog from the Games as well, starting on July 29: NBC Sports will be a great place for hard news and scores: <http://www.nbcolympics.com/>

NBC has decided to feature more than 20 sports on the web only. Sailing is one of them. You won't see one minute of sailing on TV, but you'll see tons on NBCOlympics.com. They will be paying attention to see which of these 20+ sports get the most hits. **IF YOU WANT TO DO SOMETHING REALLY GOOD FOR SAILING**, make this link one of your daily visits: <http://www.nbcolympics.com/sailing/index.html>

PLEASE SPREAD THE WORD ON THIS. The more traffic we can drive to the sailing portion of NBC's Olympic site, the more they will be willing to cover us in the future.

The complete article is on <http://www.southernyachtclub.org> Click on the "How to Watch Olympic Sailing" link.

TARTAN Field Trip

The June 14th Tartan tour was a grand success on a very small scale. After 29 people signed up, we had 6 NCWSA attend and 2 guests.



Though the turnout was a disappointment, the tour was spectacular. Tim Jackett, the internationally famous boat designer, conducted the tour through their plant with his apprentice designer, Justin Roebuck. We walked through each step of the process; from haul plug creation (a plug is what they make the mold from), through the extraordinary cherry and teak wood detailing that Tartan boats are famous for. These boats are manufactured by the nearly

185 Tartan employees located at Fairport and Conneaut manufacturing plants. The process takes about 3 months with approximately 80 boats produced yearly. There were over a dozen boats on the floor in various stages of completion for us to see the hidden insides of these beautiful boats.

Tim Jackett is accredited to 25 haul designs which have produced over 3,000 boats. Last year's new design, the new 4300 Tartan, won "Boat of the Year" by *Cruising World* magazine (February 2008 issue). These boats are the top of the line!

"I am very honored to have had this opportunity to see a Tartan through its creator's eye and listen to his heart speak of dreams, accomplishments, and the desire to meet the ever-changing market needs. To then see the real completed masterpiece, up-close and personal, just sang to my sailor's heart."

—Judy Gillespie

Racing Results:

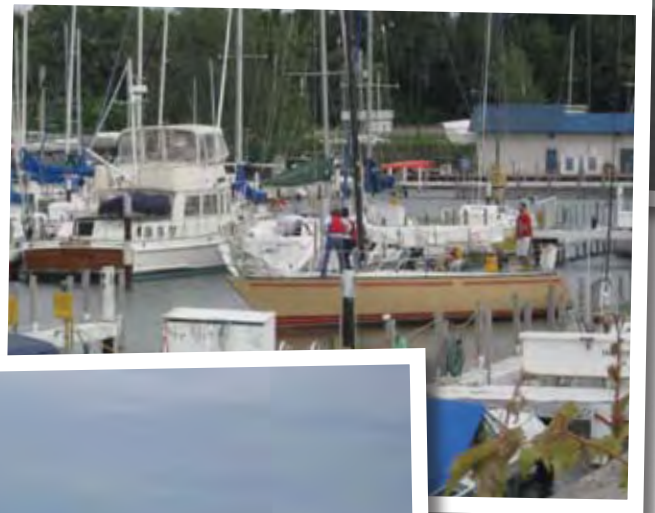
June 3, 2008 — Practice Race: No wind, high humidity, rain. Thank goodness for a review of the Sailing Instructions by our own PRO, Jim Titgemeyer.



June 17, 2008 — Race #1: More weather challenges – cold, wet, and windy conditions. Only one boat made it out on to the open lake, *Chip Ship*. In a matter of a few seconds they made it past the crib and became a small blip on the horizon. Shoot, I should have asked them to pick me up some things I needed from the store in Canada!

Several PHRF, Jam, J-22, and Dragons ventured out for some maneuvers and several PHRF boats raced on a shortened course. My deepest appreciation goes out to the race committee boat for their willingness to venture out in the less than perfect weather. Just watching from the end of the dock as the boat bounced around, I needed some Dramamine!!

– Beth P.



June 24, 2008 — Cleveland Race Week:

Little wind. Beautiful Sunset.

Tuesday, June 24.



Thanks to Dave Mathias for these great photos!



Completely different conditions 2 days later, on Thursday night!

July 1, 2008 — Race #2: Little Wind. Again. It could have been an uneventful evening, but the crew of *Extravagance* donned pirate hats, and they and *Chip Ship* started lobbing water balloons at unsuspecting competitors! Definitely lightened the mood of yet another becalmed race, and it led to lively conversation both on the water and on the patio!



AAARGH!

2008 Crew Awards — Information about Nominations

The following is information regarding the 2008 NCWSA Crew Awards. Please submit your entries by **September 22** to kkimble@metrohealth.org or sail4it@gmail.com. Just write a short paragraph or two about who you think deserve these awards, and why.

The NCWSA board will review the nominations and make the final decisions. Awards will be presented at the October 7 NCWSA Membership Meeting.

NCWSA CREW AWARDS:

TEAM Excellence Award

Awarded since 2001, the Team Excellence award highlights Exemplified Teamwork through excellence in the Corinthian spirit* of competition. TEAM is:

T—Teaching **E**— Educating **A**—Achieving/Accomplishing **M**—Mastering a skill

NCWSA Most Improved Sailor

This award is to recognize a NCWSA Member that has shown a remarkable improvement in either crew position progress, resourcefulness, skills, or personal achievement, throughout this season.

NCWSA Coach of the Year

This award is to be presented to an individual who may or may not have been on the NCWSA boat during competition. This may be presented to a “Coach” of a NCWSA competing boat in a fleet, who was acting in the “unofficial” position of Coach. This individual has earned this distinction through the additional time spent in preparation of racing the sailboat, encouraging sailing skills and helping the NCWSA crew become a cohesive team. This special honor or recognition may be awarded to a non-NCWSA member.

NCWSA Rookie of the Year

This award is to recognize a NEW NCWSA Member that has sparkled and glistened brighter than any other new NCWSA member. This individual will earn this award by excelling with enthusiasm and involvement through all, but not limited to, contributions to: her team, NCWSA, Edgewater Yacht Club and other sailing events throughout this season.

Remember, anyone can nominate another for these awards, but we won't know who is excelling and shining unless YOU NOMINATE someone!

Please do not hesitate to contact us with your questions and/or concerns.

* Definition: **Corinthian Spirit**

- It's Not How You Win, It's How You Play the Game.
- It is NOT a “win at all costs” mentality.
- It emphasizes the point that How one conducts oneself is more important than what one may or may not achieve...

“The spirit of competition may be serious, but camaraderie and corinthian spirit prevail over all events.”

*NCWSA Race Chairs,
Kelly Kimble and Cindi Engbert*

Are We Sailing Tonight?

Several members have asked me how we determine if we race or not. Some key points that I want to make sure that everyone understands the process.

First, Titge and our race chairs constantly read varied weather reports from different sources. However, this does not take the place of the skippers and boat owners taking a walk down to the pavilion to look at the current conditions. An assessment is made by the boat owners and skippers, based upon the skill level of the crew and the condition of the boat, among other factors. They then bring that information back to their respective fleet captains, whose responsibility it is to speak with each skipper to determine their willingness to venture out.



This information is then carried back to our PRO, Titge, and the Race Chairs. They decide whether we go out or not, and communicate this through a formal announcement on the patio. Sometimes it may seem that the process takes a long time, but it is a critical exercise to ensure every safety precaution has been reviewed.

Most important—even if it is ugly weather in your backyard, you still make the journey to the yacht club. Remember that this is Cleveland, and what is happening in my backyard versus your backyard can be very different and may only last for five minutes. I am from Avon Lake and it is ALWAYS 80 degrees and sunny. Huh, Lucky ME!!!

Definition:
Race Committee PRO:
Principal Race Officer

My last observation is that it is really sharp that some NCWSA members have their significant-others out on the committee boats. When you are on a non-racing boat, things look pretty easy and pretty clear, which leads to some pretty interesting discussions back on the patio!!

— Beth P.

Thank you, Race Committee !

I want to take the opportunity to thank Jim Titgemeyer (Titge), and the other dedicated Race committee personnel, like Joe Volter. And special thanks to Sue Michos for her dedication to the sport and her willingness to video the race. These folks are extremely committed to our organization and have great understanding to help us reach our mission.



— Beth P.

A Race Committee Boat on the windy, windy night of Race #1

NCWSA Merchandise!

Order NCWSA Merchandise at the next meeting!

Please indicate quantity and circle size and color for each item to be ordered. Merchandise will be available for pick up at the next scheduled meeting.

Name _____

QUANTITY	DESCRIPTION	SIZE	COLOR	PRICE (EACH)	TOTAL PRICE
	Sleeveless Sport Shirt	XS, S, M, L, XL, XXL	white, faded blue, light pink, banana, red, navy, black	\$25	
	Dri-Mesh Short Sleeve Sport Shirt (Sport-Tek)	XS, S, M, L, XL, XXL	white, steel, royal, red, navy, black	\$27	
	Double Dry V-Neck T-Shirt (Champion)	S, M, L, XL	white, snow blue, cashmere pink, navy, black	\$25	
	V-Neck Stretch Cotton T-Shirt (Port Authority)	XS, S, M, L, XL, XXL	white, light blue, navy, faded blue, pistachio, light pink, tropical pink, lilac, banana, aqua, black	\$22	
	V-Neck Classic Fit Cotton T-Shirt (Anvil)	S, M, L, XL	white, heather grey, key lime, violet, caribbean blue, black	\$22	
	Dri-Mesh Long Sleeve	XS, S, M, L, XL, XXL, 3XL	white, steel, navy, black	\$27	
	R-Tek Fleece Vest	XS, S, M, L, XL, XXL	light blue, gray heather, raspberry, light pink	\$29	
	Activo _ Zip Microfleece	XS, S, M, L, XL, XXL	white, rose, rivera blue, black	\$35	
	Fleece Drawstring Sweatpant (Bella)	S, M, L, XL	white, deep heather, baby blue, pink, navy, black		
	Caps		faded blue, maroon berry, khaki, lavender, cooked carrot, red, navy, charity pink, columbia blue	\$15	
	Visors		khaki, aqua, navy, red, dandelion, hunter	\$15	
	Mesh Bottom Cinch Pack		black, garnet, graphite, reflex blue	\$15	
			Payment Options:		
			Check Cash TOTAL AMOUNT DUE		

North Coast Women's Sailing Association
P.O. Box 771502
Lakewood, OH 44107
RACER



NCWSA **RACER** *Sail Like a Girl*



Get the latest NCWSA information SOONER!
Receive the RACER by email! Send an email request to NCWSARacer@yahoo.com

NCWSA RACER | P.O. Box 771502 | Lakewood, OH 44107

NCWSA Board 2008 NCWSARacer@yahoo.com

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Vice-Commodore	<i>Harriet Uhlir</i>
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Membership Chair	<i>Kathy Jankowski</i>
Member-at-Large	<i>Bobbi Sundman</i>
Website/Newsletter Chair	<i>Cheri Morabito</i>

NCWSA Mission Statement

~ to encourage women to become more actively involved in sailboat racing through regattas and clinics, and to create a spirit of good fellowship among members.