

North Coast Women's Sailing Association

2008 Sailing Instructions

1. Rules

- 1.1 All races will be governed by the 2005-2008 *Racing Rules of Sailing* (RRS), the prescriptions of the United States Sailing Association (USSA), the rules of the participating fleets, except as any of these are changed by the Notice of Race or the Sailing Instructions.
- 1.2 PHRF-Lake Erie rules and ratings will apply to all PHRF and JAM rated boats.
- 1.3 All fleet rules are modified to allow use of marine VHF radios, Loran and/or GPS.
- 1.4 All Fleet Association rules are modified as follows: Rules concerning fleet membership, crew weight limitations, sail measurement and measurement certificates are waived.
- 1.5 Appendix A2 is altered as follows: One (1) score, may be discarded provided a minimum of four (4) races have been sailed.
- 1.6 In the event of conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions shall prevail.
- 1.7 All boats must be equipped with operating lights.

2. Eligibility and Entry

The races are open only to women crews who are all paid members of NCWSA and have completed the required forms and liability waivers.

3. Notices to Competitors

- 3.1 Notices to competitors will be posted on the official notice board located on the Edgewater Yacht Club patio.
- 3.2 Signals made ashore will be displayed on the Edgewater Yacht Club flagpole north of the clubhouse. Flag AP with two sound signals (one sound when lowered) means "The race is postponed. Leave the harbor area at your own risk." The warning signal for the first start will be made not less than 60 minutes after AP displayed ashore is lowered. This changes Race Signal "AP."

4. Changes to Sailing Instructions

Any change to the sailing instructions will be posted not less than five PM (1700) on the day it will take effect.

5. Schedule of Races

- 5.1 Races will be held for all fleets on the following Tuesday evenings as scheduled in the Notice of Race:

June 3 Skippers meeting at 6:00 PM

June 3 (practice), June 17, July 1, July 15, July 29,

August 5 (make up, ***), August 12, Aug. 26,

*** ***Above make up to be sailed only when two (2) prior races have been cancelled.***

- 5.2 Additional or "make up" races ***may*** be scheduled ***only*** after notification to all fleet captains.
- 5.3 Two races may be scheduled each race night for some fleets.

6. Coaching

- 6.1 One Coach, either male or female, is allowed on each boat.
- 6.2 Two Coaches shall be permitted on JAM boats only.
- 6.3 A male coach may provide verbal coaching, but may not assist the crew physically at any time, except for emergencies, while the boat is racing. If any physical assistance by a male coach occurs, the boat must retire from the race.
- 6.4 Coaches in the Dragon fleet may physically participate and or assist, except helming, during the race.
- 6.5 If the boat owner and skipper differ on any question, the owner's decision will prevail.

7. Racing Area and Courses

- 7.1 The race series will be held on Lake Erie adjacent to Edgewater Yacht Club (EYC)
- 7.2 The courses will be as follows: See attached course chart.
 - 7.2.1 JAM will sail a Triangle. Once around.
 - 7.2.2 PHRF will sail a Triangle, followed by a windward-leeward course using the start pin as the leeward mark.
 - 7.2.3 J-22s, Dragons and Ensigns will sail a windward-leeward course using the start pin as the leeward mark, twice around.
- 7.3 The approximate compass bearing for Mark 1 may be displayed from the Race Committee Signal boat, rounded to the nearest 10 degrees. (270 degrees will be posted 27)

8. Marks

- 8.1 All Marks will be inflated Tetrahedrons or cylinders.
- 8.2 **Start, Windward, Jibe and Leeward** (Start) marks will be **ORANGE**
- 8.3 **Finish mark** will be **YELLOW**

Please note” *The leeward mark for PHRF and One design will be the Starting Mark*”.

9. The Start

- 9.1 Races will be started using RRS rule 26.
- 9.2 A Blue cylinder may be used instead of the Preparatory flag.
- 9.3 A Yellow cylinder may be used instead of the I flag
- 9.4 The starting line will be between the Orange flag on the RC Signal Boat and the Orange mark placed on the port side of the signal boat
- 9.5 All boats shall check in with the Race Committee by sailing across the stern on the RC Signal boat and hailing their sail number. Any boat sailing within the visual range of the R/C boat must inform the signal boat is for any reason they do not finish a race or retire before finishing.
- 9.6 Fleet Flags and Starting Sequence are as follows

The First warning Signal will be at 6:50 PM

| Start Time | Fleet | Fleet Flag |
|------------|-------------------|---------------|
| 6:55 | PHRF | Code Flag # 1 |
| 7:00 | J-22, | “ “ “ # 2 |
| 7:05 | Dragon and Ensign | “ “ “ # 3 |
| 7:10 | JAM | “ “ “ # 4 |

- 9.7 Any boat failing to start within 10 minutes of her starting signal shall be scored DNF
- 9.8 Boats whose warning signal has not been made **MUST** keep clear of the starting area and clear of all boats whose warning signal has been made.

10. Recalls

- 10.1 The race committee may attempt to hail boats that have not started properly on VHF radio channel # 71. However, it is each competitor’s responsibility to start properly. Failure of the committee boat to hail any or all boats, failure of the committee to accurately hail one or more boats, failure of a boat to hear its hail, timeliness of the hail, or the order of the boats within the hail **are not valid grounds for redress**.
- 10.2. Rule 29.3 (General Recall) is changed to read: "The affected fleet shall immediately clear the starting area and move to the end of the starting sequence. The First Substitute will be

lowered one minute before the starting signal of the next scheduled fleet. The Recalled fleet(s) will start in their normal order of rotation after the last scheduled start.

11. Course Shortening

When the course is shortened at the leeward mark the finish line will be between the two finishing marks. Yellow to Starboard and Orange to Port.

12. Dropouts

A yacht that retires from a race, shall report to the RC by hail or VHF (Channel 71) **before** leaving the racing area.

13. The Finish

The finishing line will be between the Yellow Finish Mark and the Orange Mark (Start Mark) at the leeward end of the race course.

14. Time Limits

If the first boat of a **fleet** does not finish within 2 hours after her start, racing will be abandoned **for that fleet only**. All boats in a fleet must finish within 20 minutes of the first boat to finish in their fleet. Any boat still racing at the end of the 20 minute period will be scored as TLE.

15. Protests

Protest forms are available in the EYC Chart room on the West wall. Protests must be delivered to the NCWSA Race Chair or her designated representative within one (1) hour after the RC boat docks. Protests will be heard prior to the next scheduled race day if possible.

16. Scoring

16.1 Appendix A2 (Low point scoring) shall apply.

16.2 Appendix A2 is changed to allow one (1) throw-out if four (4) or more races are sailed by the respective fleet.

16.3 The following scores will be assigned if appropriate. This changes rules 44.3, A4.2, A5 and A9:

| | |
|---------------------------------|-----|
| DNS - number of boats starting | + 2 |
| DNF - number of boats finishing | + 2 |
| TLE - number of boats finishing | + 1 |
| DSQ - number of boats Starting | + 2 |

16.2 A boat starting later than 15 minutes after her starting signal will be scored Did Not Start (DNS). This changes rule A4.1

17 Radio Communications

17.1 All communication with the Race Committee shall be done via VHF radio, channel #71.

17.2 Communication between the race committee that may be overheard by a competitor shall not be grounds for redress.

18. Awards

Awards will be given for the first three places in each fleet.

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