

September, 2006

Volume I, Issue VIII

Editor: Laura Stokley

***Racer***



North Coast Women's Sailing Association

**2006**

**2006 NCWSA  
Racing Series:**

- Sept 5 (make-up)
- Sept 9 - NCWSA Regatta



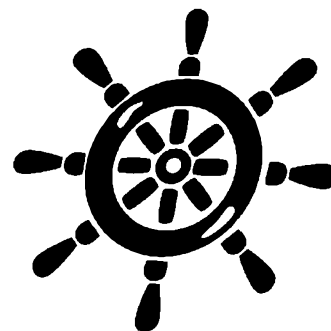
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***A Message from the Commodore,  
Dianne Kube ...***

The summer racing season for NCWSA is wrapping up! We've had a few frustrating evenings where the wind didn't cooperate, despite all the best wind dances Claire could do. But overall, on the good side, we've spend another great summer on (or very near!) the lake.

September brings a make up race on the 5<sup>th</sup> – hopefully with enough light for us to safely get in all our races.

*(Continued on page 2)*



***General Membership Meetings:  
First Tuesday of the month 7:30-9:00***

- \* **Oct**—AWARDS NIGHT
- \* **Nov** —TBA
- \* **Dec**—HOLIDAY PARTY

***Race Committee Volunteers Still Needed ...***

NCWSA still has 2 more dates to fill for Race Committee for our commitment to EYC. NCWSA needs to provide 3 women (and/or significant others) for each date. The dates are September 10<sup>th</sup> and 24<sup>th</sup>. September 10<sup>th</sup> is open for anyone that is a member of NCWSA or associated with a member and one woman has signed up so far. September 24<sup>th</sup> is assigned to the J24 fleet. Again, please check your calendars to see if you are available.

***~Katrina Posedel,  
Member-at-Large***

## **A Message from the Commodore** (from page 1)

September brings the NCWSA Regatta on the 9<sup>th</sup>! Register early, plan to attend the wine and cheese party on Friday evening the 8<sup>th</sup> – and certainly plan to stay for the food and awards after the regatta. I hope <all> our boats sign up – this is the final splash for us marking the end of our racing season.

September also bring the Adams Cup to Edgewater Yacht Club. Sept 14<sup>th</sup> is NCWSA Day at the Championship. We are so proud to be able to be a part of the 2006 U.S. Women's Sailing Championship, and will help with volunteers and in every way that we can.

October is coming way too soon, but we should prepare a bit now for the general membership meeting, the first Tuesday evening in October. That will be our awards banquet and really good party. We've worked hard this year, we've been serious about honing our skills and having great competitions, and we've laughed and nourished or made good friendships. I hope every team thinks about nominations for 'Coach of the Year', 'Most Improved Sailor of the Year', 'NCWSA Rookie of the Year', and of course the 'TEAM Excellence award'. Get together and have a fun time writing up your nominations – for TEAM Excellence, another team building exercise is to put in a good well-written plug for your own team!

We'll see you on the water, at the NCWSA regatta, and at the fall membership meetings!

~ **Dianne Kube**



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## **Nominations for 2007 NCWSA Board ...**

I know it is a little early to think about 2007, but the second half of the year always flies by fast. Please start thinking about whether you would like to be on the 2007 Board and which position you might interest you. You can contact me, [katrinadmi@cox.net](mailto:katrinadmi@cox.net), if you need any descriptions. Nominations for Board positions will be held during the October general meeting. Nominations will close at the November general meeting. Elections will be held at the December meeting. The Board positions are:

Commodore	Education Chair
Vice-Commodore	Education Co-Chair
Secretary	Race Chair
Treasurer	Race Co-Chair
Membership Chair	Social
Newsletter Editor	Social Co-Chair
Member-at-Large	Public Relations Chair

~ **Katrina Posedel**  
**Member-at-Large**



## *Individual and Crew Awards ...*

As usual the sailing season has had its share of heavy air days, light air days and of course, no air days. We hope that you have all been enjoying your experiences on the water. As we come to a close in September, please take a moment to look over the possible individual and crew awards for which you can make nominations. Please submit your entries by September 22 to [mdodge@parker.com](mailto:mdodge@parker.com) or [paganib@comcast.net](mailto:paganib@comcast.net). Awards will be given at the October 3 NCWSA Membership Meeting.

**Team Excellence Award**— Awarded since 2001 the Team Excellence award highlights Exemplary Teamwork through excellence in the Corinthian spirit of competition:

- |   |                           |
|---|---------------------------|
| T | - Teaching                |
| E | - Educating               |
| A | - Achieving/Accomplishing |
| M | - Mastering a skill       |

What has your crew been like all summer? Were you complete and total strangers with varying degrees of sailing experience? Working together have you all become a well-oiled racing machine that is to be feared? How have teaching, education, achieving and mastering played a part in your crew development? Send us 150 words or so (we're not really counting) about why your crew should receive this award.

**NCWSA Most Improved Sailor**— This award is to recognize a NCWSA Member that has shown a remarkable improvement in either crew position progress, resourcefulness, skills, or personal achievement, throughout this season.

**NCWSA Coach of the Year**— This special honor or recognition may be awarded to a non-NCWSA member. This Award of **Coach of the Year** is to be presented to an individual who may or may not have been on the NCWSA boat during competition. This may be presented to a “Coach” of a NCWSA competing boat in a fleet, who was acting in the “unofficial” position of Coach. This individual has earned this distinction through the additional time spent in preparation of racing the sailboat, encouraging sailing skills and helping the NCWSA crew become a cohesive team.

**NCWSA Rookie of the Year** —This award is to recognize a **New NCWSA Member** that has sparkled and glistened brighter than any other new NCWSA member. This individual has earned the Rookie of the year award, by excelling with enthusiasm and involvement through all, but not limited to, contributions to her team, NCWSA, Edgewater Yacht Club and other Sailing Events throughout this season.

*~Mary Dodge & Beth Paganini  
Race Committee Chairs*

## **WE NEED OUR OWN 'LADIES OF THE LAKES' PROMOTION -!!! ABSOLUTELY.**

### LADIES OF THE LAKES

What began with a few women shooting the breeze turned into Bayview Yacht Club Women's Invitational Regatta, an annual event attracting experienced racers from across the country. Not to mention a fleet of newcomers interested in joining the sport.

Sharing a birthplace with many great ideas, the Women's Invitational Regatta was first discussed over beverages after a race in 2004. "A small group of Bayview women and their friends had sailed in the South Port Sail Club Woman's Challenge regatta on the Canadian side of Lake St. Clair that Summer and came back to say, 'Hey, why can't we do that here?'" said Daniel Padilla, commodore of BYC. A couple of weeks later a handful of boats sailed and skippered by women, competed in three classes. The following year, 17 boats competed, some with a man/owner on board for support in case of an emergency.

This year organizers added a Saturday clinic before the Sunday race for sailors who wanted to learn more about boat handling, crew work, and racing tactics and exclusively for women. There were no men on the deck except for the principal race officer, who spent 40 minutes going over the racing rules before a visual demonstration of boating flags and how the racing committee uses them to communicate to the sailors.



The classroom portion of the clinic lasted most of the morning and up to lunch, which wasn't a problem for most of the sailors since it was raining and there was absolutely no wind. When the rain subsided and the wind picked up, however, everyone headed for the dock where event organizers had readied a fleet of Ultimate 20s owned by BYC, for racing. These smaller club boats, which are crewed by three or four people and have asymmetrical spinnakers, are available for members to pleasure sail, race and charter for a nominal fee.

Each person attending the clinic was assigned to a boat and a crew. Also on each boat was an experienced sailor or one of three clinic instructors including Deneen Demourkas of Santa Barbara, Calif., Sandy Hayes of Scituate, Mass., and Dana Riley of San Francisco. The on-the-water session gave the ladies a chance to put their newfound knowledge to the test. "That's what this was all about," said Lynn Kotwicki, club member and co-chair of the regatta. "Getting women to do the things that they normally don't get to do. It's been awesome," Kotwicki said. "I've had tears in my eyes. Three years ago, eight of us said let's do this and here we are. Our original goal was 30. We had 58 for the clinic and about 175 women for the races."

-- Excerpts from a story by  
Gina Joseph, Macomb Daily. Full story: <http://tinyurl.com/oqbw>

**North Coast Women's Sailing Association**

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**RACER**

*Want to receive RACER by email?  
[Send an email to ncwsaracer@yahoo.com](mailto:ncwsaracer@yahoo.com)*

Visit [www.ncwsa.net](http://www.ncwsa.net) often to find out all your NCWSA information. Current events, racing news, meetings, schedules, forms and much more! Please send your NCWSA pictures to post to [dmkubed@adelphia.net](mailto:dmkubed@adelphia.net), also!



*~ to encourage women to become more actively involved in sailboat racing through regattas and clinics, and to create a spirit of good fellowship among members.*

**NCWSA Mission Statement**