

April, 2006

Volume I, Issue III

Editor: Laura Stokley

***Racer***



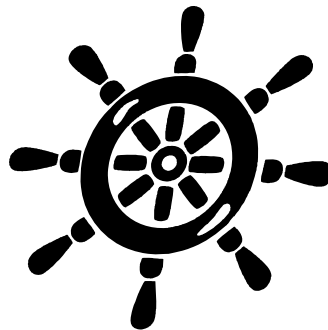
North Coast Women's Sailing Association

**General Membership Meetings:**

***First Tuesday of the month  
7:30-9:00***

- **April 4 —**  
"MEET THE FLEET"
- **May 9 —Sally Barkow**  
"TEAM BUILDING"
- **May 16, 23, 30 (6-8 pm)**  
INTRO TO RACING SERIES
- **Oct—AWARDS NIGHT**
- **Nov —TBA**
- **Dec—HOLIDAY PARTY**

**A Message from the Commodore, Dianne Kube**



Gary Jobson entertained us at our last general membership meeting in March. A dynamic speaker with sizzling videos and well-spun stories, Gary even peppered his talk with a few tidbits of sound racing advice. Well over 100 enthusiastic people came to EYC on a remarkably warm March evening, and Edgewater had the facilities well set up for the crowd. The event ran smoothly without a hitch (thanks to a lot of behind-the-scenes hard work) – NCWSA

(that means you, members) should be proud of being able to attract speakers of that caliber! And, we have another amazing speaker coming in May to top off our Spring general membership meetings: Sally Barkow – the Rolex Yachtswoman of the Year!! I hope our membership comes

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**Meet the Fleet . . .**

***April 4, 2006 - 7:30 p.m.***

Join us at Edgewater Yacht Club for our **first party of the year!**

In just a few short months we will be out on the lake.

**For new members,**

this is your chance to find out about the different fleets and sign up for crew positions.

**For returning members,**

take this opportunity to renew friendships, meet some of the new members and firm up your crew list.

Come on down to EYC

and lets toast the start of a brand new racing season!

***Beer and pizza provided by NCWSA!!!***

***~Linda***

**NCWSA Mission Statement**



***~ to encourage women to become more actively involved in sailboat racing through regattas and clinics, and to create a spirit of good fellowship among members.***

## Countdown From Your Membership Chair ...

Hello NCWSA Members, here is a quick summary & count down from the Membership Sign-Up that started with our February 7, 2006 meeting.

- 52 Members renewed their membership
- 9 New Members joined NCWSA (**Please say “Hello” to Beth Hauser, Louise Everard, Donna Schikler, Caryn Candisky, Gail DiGiovine, Meredith Dreschar, Cindy Engbert, Sara Fagnilli and Lorrie Stratis!**)

Karen Lunka (your Treasurer) & I are very impressed, and appreciative, that so many members are able to renew their membership ahead of the May 3<sup>rd</sup> due date. It definitely makes our job easier when the workload is spread throughout the Feb-May timeframe. Even the March 7 Gary Jobson meeting was a great membership moment as we signed another 11 members. We both look forward to welcoming your membership at the April 4 “Meet the Fleet” meeting.

Attendance numbers are definitely encouraging! February Meeting, I counted 40 “x” on the sign up sheets... our largest showing for a February meeting in the last couple of years (Thanks Mother Nature for not dumping a foot of snow on us until the following evening... that was very helpful :-)) March Meeting, I added up to 51 members who joined other EYC members and guests to enjoy Gary Jobson’s great presentation.

Please remember that if any of the information you filed with us changes (I’m especially thinking about your e-mail addresses), please e-mail the new data to me at [onr@apk.net](mailto:onr@apk.net) so that I can update the NCWSA database.

So... let me see... 61 members signed... that would leave about 125 members to go! Wow, still some work to be done before we all get to enjoy ourselves on the water! See you soon!

~Olivia



### Merchandise ...

Fun new NCWSA merchandise has been ordered! Many THANKS to Linda Shaffer whose artistic talents have brought us a new logo and T-shirt design! We’ll have our new T-Shirt...PLUS... shorts, hats, nightgowns, bathrobes, men’s shirts, jackets, more... Look for the Merchandise Table at “Meet the Fleet” night on April 4<sup>th</sup>.

We are looking into having NCWSA Kevlar purses made...We are looking for a donation of a Kevlar sail. If you have an old sail that you would like to donate to NCWSA (we are a 501(c)3 and can provide a tax deductible letter of donation) please contact me at [connieaguero@sbcglobal.net](mailto:connieaguero@sbcglobal.net).

~Connie

## A Message from the the Commodore

(from page 1)

out in full strength to support Sally, and to hear her speak on the topic of Team Building, a motivational topic to really kick-start our racing season. Please note the date change to May 9<sup>th</sup>!

I hope we all plan to attend our 'Meet the Fleet' meeting in April. This will be our chance to come together to support the fleets that we will be sailing with in 2006, high-five our team members that are returning from last year, and meet the new recruits. There is such positive energy at our events. If you have been in hibernation this winter, start coming and experience them – we'll get fired up for our summer racing series and tell tall tales of past seasons. Surprises may be in store! If you know of women that are interested in joining NCWSA, this April meeting is the time for them to check us out, and make sure they are on the racing roster. We'll have beer. And, of course, we all should renew our membership before the racing season starts, get our required forms for racing completed and turned in. This April meeting is the best time for that, too! You'll hear more about this meeting from our Race Chairs and Social planners.

The folks new to racing with NCWSA are encouraged to attend our 'New to Racing' educational series in May, organized and taught by Laura Goldberg. This will also be a good refresher course for some, as the classes will be packed with a lot of very useful information – a great time for questions, explanations, safety, rules – and, what NCWSA does so well - friendship and camaraderie. Laura is a very experienced sailor and racer, and an excellent teacher. She has also lined up some fabulous outside help for the classes. More information on the May 'beginner education' meetings will be forthcoming in our next issues of the RACER and on our website. Remember that our website holds a lot of useful information, contains our racing and membership forms, lists the dates of our events, and much more! So visit [www.ncwsa.net](http://www.ncwsa.net) regularly.

So, what do you think? Are we all set? April, May – then June! And then we will be having a blast pursuing excellence on the water (or some variation on that theme). See you all soon!

~ Dianne

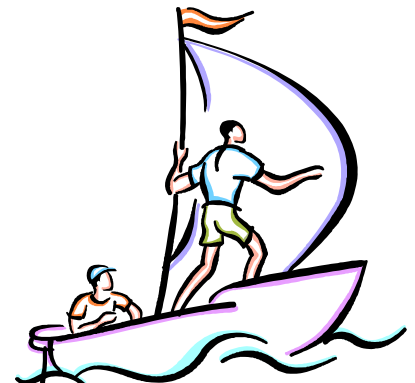
# 2006

# RACING SERIES

### 2006 NCWSA Racing Series:

- June 6 - Practice race
- June 13 - First race
- June 20 - Cleveland Race Week Women's Event
- June 27
- July 11
- July 25
- August 8
- August 22
- August 29
- Sept 9 - NCWSA Regatta

\*\*Receive your racing packet when you pay your NCWSA membership dues at the meeting.



## Education



Ahoy-there, Matey, the Fleets will be in at Edgewater Yacht Club for North Coast Women's Sailing!

Come on down and Meet-the-Fleet on **April 4th**, at 7:30 PM. Your Race Chairs, Beth Paganini and Mary Dodge have invited the Fleet Captains to introduce themselves and their fleets to you, so you can get acquainted with your choices for the coming summer. And if you are returning to the same boat, same fleet this year, don't despair, there's reason for you to come too ---- NCWSA is providing food and beer! What could be better than food, beer and sailors??!

And mark your calendars for **May 9th** - Note the special date! Our May meeting will be on the **second Tuesday**, instead of the first Tuesday of the month, so we can welcome Sally Barkow! She is one of the up-and-coming sailing stars! Named Rolex Yachswoman of the Year for 2006, we are very excited to have her come and talk to us about 'Building a Team to Success'! She is hoping to have a video of her Olympic team to show. It would be terrific if we could assist in her Olympic Campaign for 2008 with some free will donations while she is here. How great it will feel when we see her on TV in Beijing two years from now, to know that we helped her get there

~Pat

### I.L.C.A. 2006 Ohio District Championship "NOR" "Open Regatta"



June 17-18, 2006  
Edgewater Yacht Club, Cleveland Ohio  
As a part of Cleveland Race Week

Web - <http://www.eycweb.com>

Map - [http://www.eycweb.com/maps/map\\_interstates.htm](http://www.eycweb.com/maps/map_interstates.htm)

Hotel - <http://www.eycweb.com/hotels/hotels.html>

Friday	Registration	6:00-8:00 p.m. (closes at 8pm)
Saturday	Registration	7:30-8:30 a.m.
	Coffee, Juice, Donuts	
	Races 1-3	9:55 a.m. (first warning signal; back-to-back)
	Beer/Pop/Hot Dogs Entertainment	after the races
Sunday	Coffee, Juice, Donuts	8:00 a.m.
	Races 4-5	9:55 a.m. (first warning signal; back-to-back)
		No races scheduled after 1p.m.
		Awards to follow - both race and district awards



Eligibility: open regatta, skipper/crew ILCA cards, measurement certificate and safety check required for Ohio District members

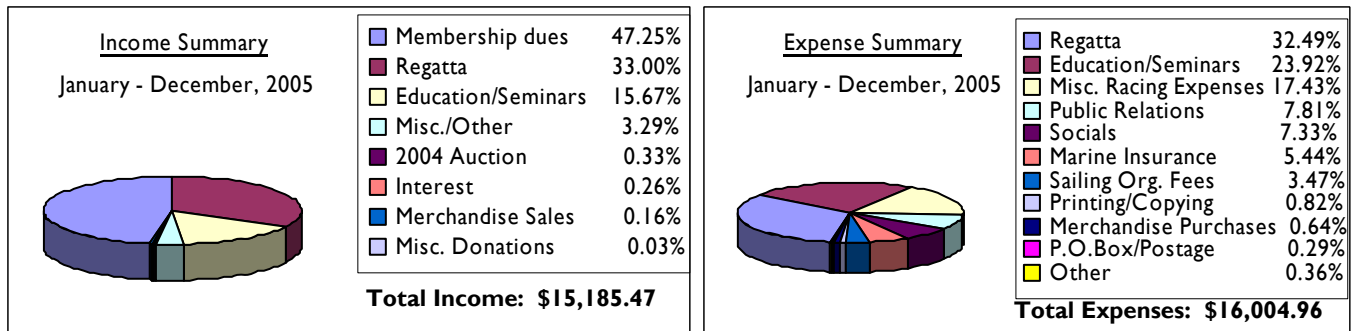
Registration: \$?

Trophies: 1<sup>st</sup>-6<sup>th</sup>

**Regatta Chair – Dave Vieregg, [david\\_vieregg@progressive.com](mailto:david_vieregg@progressive.com)  
440-395-7403**

## \$\$ Finance Update from the Treasurer ...

I would like to encourage you to renew your \$40 membership fee ASAP. Although we aren't in the water yet, we are currently incurring expenses such as marine liability insurance, Competition Fund requests, speaker fees, newsletter, copying etc. As you can see in the 2005 Income & Expense charts, your dues are a very important contribution to the success of our program. The NCWSA financial records were audited on February 28, 2006 as recommended in The ByLaws. A balanced budget was presented and approved by the Board. If you would like a copy, please see me at the April General meeting. If you have any question regarding NCWSA finances, please feel free to email me at [whcskaren@yahoo.com](mailto:whcskaren@yahoo.com) or catch me at a meeting.



~Karen

## It's time to think RACING again!!

Come down to EYC on April 4 at 7:30 p.m. to join a crew of a boat, sign up to helm this season or just to meet up with the crew you're returning to. What better time to renew your membership (only \$40), receive your racing packet, membership card, parking pass and more. And did we mention the **FREE pizza and beer**????

Newer members and seasoned members looking to make a switch to a different fleet will have the opportunity to talk with fleet captains and representatives of the fleet. Planned fleets at this time are J22s, J24s, Cruising, JAM, Ensigns, PHRF and (new this year) Dragons. Each will be represented at a table or portion of a table.

Confirmed fleet captains at press time are:

Nancy Schroeder – Ensign  
 Mindy Sminchak – J22  
 Pat Mahoney – PHRF  
 Marianne Eggett – JAM  
 Billie MacIntyre—Dragon

If you don't yet have a boat to sail on, this is a great opportunity to start identifying your first, second, and third choices. We are looking for skippers, boats and crew members. Don't forget, **FREE pizza and beer!!**

~Mary



## **A Route Less Taken ...**

Sitting on deck as 'Feng' bounces along the waves, I had a funny feeling, one I couldn't explain but it brought on an overwhelming feeling that I cried but it was not because I was sad, it was the realization of how far I had come.

Sailing for me started seven years ago because of my job as a marketing executive for a sea sports company. Unknowingly, I caught on with the thrill of the sport after my first weekend on a dinghy. Took a big leap of faith and gave up my job and took a sabbatical year and went sailing for ten months (BT Global Challenge, I was sponsored by APL). On route home, I realized that I had wanted to pursue the sport when I returned so started to race with the local racing yachts in Singapore. Slowly I learnt the ropes and got more and more responsibilities of the boat. I ended up being delivery skipper for the boats back home.

My interest in offshore racing took me thru another project to put together a Singapore team for a round the world trip but that fell through. Then I embarked on my next challenge the Mini Transit.

Seen the start of the race in La Rochelle in 2003 and immediately fell in love with the boats and the class. Ran back to Singapore and pitched for the campaign. After almost 5 months of canvassing meetings and phone calls, all with the same answer of great project but no. I could understand as I had all the odds against me. Not sailed solo before, not a recognized sailor in the Olympic class dinghies, the race if halfway round the world. I got the big break when the Commodore of the Republic of Singapore Yacht Club then bought me the boat. Then I began the building and qualification process to make it to the start line in 2005. It was a quick year that went by had hardly much time to sort out myself, I was basically absorbed with the mini and it was all I could think of. I had to learn two different new languages as well – French and Spanish to at least conversational. Ran out of sponsorship money as well before the race and friends pitched in to throw me a fundraising party and managed to get me the necessary things to be prepared for the race. Franks International came in with a big part of the money and they bought me my kite. The race was the most incredible experience I have ever had.

Things I had learnt thru the years that might be useful...

- If you don't ask you don't know, go ahead and rock up to that boat and see if they need a spare hand
- Be willing to put in time and effort to help the owner get the boat ready whenever possible.
- Always be loyal to one boat
- Smile, be happy, no one wants to sail with a grumpy crew

We'll leave you with those thoughts for now.  
Happy sailing!

Elaine

[www.elainechua.com](http://www.elainechua.com) [info@elainechua.com](mailto:info@elainechua.com)



## [Sally Barkow is coming to our May 9<sup>th</sup> meeting!](#)

**Important Note:** [The May meeting is scheduled for the second Tuesday for that month only.](#)



(Laura Goldberg will be leading the beginning sailing seminars on other Tuesdays in May.)

Sally is a native of Chenequa, WI, and a graduate of Old Dominion University ('02) in Norfolk, VA. Her list of sailing accomplishments is extensive including three-time Collegiate All-American, winning the 2003 Rolex Championships, the 2004 Women's Match Race Championships, and finishing 2005 by being named US Sailing's Rolex Yachts-woman of the year. Already this year, she has finished second in Miami in the Yngling NA Championships and first in the Yngling Rolex OCR.

As skipper of Team7 Sailing, she is committed to sailing full time. When not traveling around the world, she is back in Wisconsin, practicing massage therapy and coaching sailing. She and her team are campaigning for the 2008 Olympics, and it will be great to have her here to talk about 'Team Building'.

# Sally Barkow!

In addition to the accomplishments listed above, Sally and her teammates Debbie Capozzi and Carrie Howe, were named US Sailing's Team of 2005.

We are so very fortunate to be able to have her here in Cleveland! We hope to be able to collect some free will donations at the May meeting to help her Olympic Campaign for Beijing in 2008. It will feel great to be a part of seeing her compete!



**North Coast Women's Sailing Association**

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**RACER**

*Want to receive RACER by email?*

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